

**Psych 1: Introduction to Psychology**  
**San Joaquin Delta College**  
**Spring 2019**

**Course Code:** 60073 **Location:** Hold 245

**Class Hours:** Mondays, 6:00pm–9:00pm

**Instructor:** G L Kirkwood, Ph.D.

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**Catalogue Description:**

*Prerequisite Skills: Reading level II.*

Psychology is the scientific study of behavior and mental processes. The content focuses on the exploration of major psychological theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology. (3 units, UC, CSU)

**Note: Course objectives and learning outcomes can be found on the District's webpage.**

**Course Objectives:** Upon successful completion of this course, the student will be able to:

1. Synthesize data related to human behavior to better understand people.
2. Demonstrate familiarity with the major concepts, theoretical perspectives, research methods, core empirical findings, and historic trends in psychology.
3. Explain and compare major theoretical perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic and socio-cultural).
4. Demonstrate knowledge and understanding of the following nine general domains: (1) biological bases of behavior and mental processes, (2) sensation and perception, (3) learning and memory (4) cognition, consciousness, (5) individual differences, psychometrics, personality, (6) social processes (including those related to socio-cultural and international dimensions), (7) developmental changes in behavior and mental processes that occur across the lifespan, (8) psychological disorders, and (9) emotion and motivation.
5. Describe and demonstrate an understanding of applied areas of psychology (e.g., clinical, counseling, forensic, community, organizational, school, health).
6. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socioeconomic status, disability, and sexual orientation.
7. Understand and apply psychological principles to personal experience and social and organizational settings.
8. Demonstrate critical thinking skills and information competence as applied to psychological topics.

**Student Learning Outcomes:** Students will demonstrate their knowledge of the major concepts and theoretical perspectives in psychology, as measured by a faculty-designed, multiple choice pre-and a posttest upon the beginning and completion of the course.

### ***Conduct and Obligations of the Student:***

In joining the academic community the student enjoys the right of freedom to learn and shares responsibility in exercising this freedom. The principles of personal honor are the basis for student conduct. The honor system rests on the sincere belief that the college student is mature and self-respecting, and can be relied upon to act as a responsible and ethical member of society. Each individual has the obligation to observe the College's code of rules and regulations, including the following.

1. Respect all students and the instructor. Be courteous to people with different perspectives and values. Disrespect or discourtesy is grounds for dismissal from class for the day.
2. Read scheduled chapters **ahead** of class to prepare for class discussions and quizzes.
3. Participate in class discussions, exercises and group activities.
4. Complete required tests, quizzes, group projects and assignments on time. Late work is not accepted.
5. Put your name, course, and the class day/time on all of your papers.
6. Give your full attention to the instructor or student who is speaking. **DO NOT** talk or have side conversations during lecture.
7. Be on time for class and do not leave before the instructor dismisses class.
8. A variety of materials are handed out in class. If you miss class you will not receive a copy.
9. You are responsible for all materials presented and assignments made during an absence. Please do not e-mail the instructor to ask for content that you have missed. Exchange contact information with a classmate so that you can get information/assignments you've missed.
10. Turn off and put away all cell phones, pagers, or watches so they do not go off in class. You will be asked to leave if your cell phone is out. Leave the room and do not return until the next class if you must answer your phone or pager. Notify the instructor of emergency situations before class.
11. You must get instructor consent to capture audio, video, or image, or use electronics devices in class. Failure to do so can result in a disciplinary referral to VP of Student Services.
12. Do not bring children to class. Many lectures are designed for adults only.
13. Cheating and plagiarism are prohibited. It is the student's responsibility to remain above suspicion by not talking during exams, looking in the direction of others taking exams, using cheat sheets or copying other's work, including homework. Report anyone using your work to avoid being implicated. Judgment of violation of any of these criteria belongs solely to the instructor. Proof of cheating is not required. Suspicion is enough for the following sanctions:
  - Forfeiture of points and/or grade on that test or assignment.
  - Zero points will count toward student's final grade, but all points possible are counted.
  - Automatic suspension from class until meeting with the instructor.

**NOTE A:** Violation of any of these rules is cause for immediate dismissal and suspension from class. The instructor may suspend students on a day-to-day basis and require them to meet with the instructor prior to allowing them to return to class.

**NOTE B:** Please let the instructor know your preferred name and pronoun anytime, but especially at the beginning of the semester.

**NOTE C:** The instructor of this course reserves the right to make any changes in the organization, content, operation and presentation of this course that he determines is necessary to meet students' needs.

**SAN JOAQUIN DELTA COLLEGE  
POLICIES, PROCEDURES AND ACCOMMODATIONS**

**STUDENT RIGHTS AND RESPONSIBILITIES: See Student Handbook for details.**

As a student of this college, you should familiarize yourself with your rights and your responsibilities, which are available in the Student Handbook or the following webpage: <http://www.deltacollege.edu/dept/ar/catalog/current/1931.htm>.

**ATTENDANCE REGULATIONS: See Student Handbook for specific details.**

An instructor **may** dismiss a student from class when absences become excessive. "Excess Absenteeism" is defined in Board Policy 5150.

**STANDARDS OF CONDUCT: See Student Handbook for specific details.**

San Joaquin Delta College's Board of Trustees is committed to providing its students with a safe learning environment and believes that each student has an obligation to observe the college's standards of conduct and regulations. The Board, therefore, authorizes the Superintendent/President to establish procedures for the imposition of discipline on students in accordance with the requirements for due process of federal and state laws and regulations.

The procedures shall identify potential disciplinary actions, including but not limited to, the removal, suspension or expulsion of a student, and shall be made widely available through the college catalog, the Schedule of Classes, the Student Handbook, or on the Internet. Ref: Board Policy 5470.

**ACADEMIC ACCOMMODATIONS STATEMENT: See Student Handbook.**

If you have a documented disability with SJDC and need accommodations please let me know as soon as possible. If you need any further assistance or guidance please contact the Disability Support Programs and Services (DSPS) at (209) 954-5151 x6272, or visit the DSPS which is located in the DeRicco Building on the 2<sup>nd</sup> floor.

**ALTERNATE MEDIA STATEMENT: See Student Handbook for specific details.**

Students with a print disability – a visual limitation or reading difficulty that limits access to traditional print materials – may request printed materials in alternative media. Examples of alternate media formats include electronic format (e.g., text on CD), Braille, tactile graphics, audio, and large print. Students can make alternate media requests through the Office of Disabled Student Programs and Services.

**EMERGENCIES:** Please contact campus police at 209-954-5000. Also refer to the Emergency Procedures Handbook in each classroom and also in the student handbook.

**Required Textbooks:**

Franzoi, S. L. (2018). *Essentials of Psychology* (6<sup>th</sup> ed.) (TextBook-Plus Edition, Loose-Leaf).

- Required website: [BVTLab.com](http://BVTLab.com) (Contains the eBook, quizzes, & online study tools.)
- Instant Access Code: **A3109637**. (First two weeks free. Includes a 10%-off coupon.)
- Course Section Code: **A2F909**. (Connect to the class to receive credit for quizzes.)
- It is NOT possible to pass the course without using your own lab account.

**Required Supplies:** 4 Large (100 question) Scantrons, stapler with staples, No. 2 pencils.

**Required Assignments:**

\*All assignments are due on the due date at the beginning of class.

**Homework Assignments (10 points each)**

- Download handouts from [psychwest.org](http://psychwest.org).
- Handouts must submitted with your name, in person, in class, on time.

**BVT Lab Quizzes (20 points each)**

- Quizzes must be completed, online, on time. No late quizzes.
- They are available on the BVT Lab website.

**In-Class Assignments (10 to 20 points each)**

- An in-class assignment is planned for most class sessions.
- If you are absent, you will not be able to make up the work.

**Exams: (100 points each, 200 points for the final)**

- There are three Exams (100 points each) and one Final Exam (200 points).
- Each exam will cover up to four chapters from the curriculum, lectures, and activities.
- **Exams must be taken on designated dates and times. No make-up exams allowed.**

**Grades:**

The total number of points earned throughout the semester determines final grades. Overall grades are based on the following:

90% - 100% = A	90% - 100% = A	90% - 100% = A
80% - 89% = B	80% - 89% = B	80% - 89% = B
70% - 79% = C	70% - 79% = C	70% - 79% = C
60% - 69% = D	60% - 69% = D	60% - 69% = D
0% - 59% = F	0% - 59% = F	0% - 59% = F

\* Your grades will be available on **JupiterEd.com**. You will receive login information. Check your grades weekly, and contact the instructor as soon as possible regarding any concerns.

**Note:** Students should retain all graded and returned papers until the end of the semester.

Record keeping errors are rare, but it is wise to retain papers as proof of grades.

**Attendance:**

- **You must attend all class sessions.** The only excused absence may be a field trip or legal excuse, which must be verified by a field trip card or summons provided to the instructor.
- Attendance may be taken at any time during class. You must be present when attendance is taken to be counted as present.
- According to Delta College policy, students with excessive absences must be dropped. It is the student's responsibility to keep track of absences.
- If you choose to drop the course, it is your responsibility to file the necessary paperwork within the given deadlines. Failure to do so will result in an "F" and the grade will not be changed. Check the Delta calendar for the course drop deadlines.

**Online resources:**

Class website (videos, powerpoints, homework, and other links): PsychWest.Org

**Important Dates:**

Start Date: **1/14/19**

Refund Date: **1/28/19**

Last Drop w/o a W Date: **2/3/19**

Census Date: **2/4/19**

Last Drop Date: **3/14/19**

Date of Final: **5/20/19, 6pm**

<b>DUE</b>	<b>ASSIGNMENTS</b>	<b>PTS</b>
<b>1/14</b>	Introduction to Psychology Psychwest.org, BVT Lab, JupiterEd	
<b>1/21</b>	Dr. Martin Luther King, Jr. Day – no class	
<b>1/28</b>	<b>BVT Lab:</b> Chapter 1 – Psychology as a Science	20
	<b>Handout:</b> Comparing Research Methods	10
	<i>In-Class:</i> Ind/Dep Vars	
<b>2/4</b>	<b>BVT Lab:</b> Chapter 2 – Neurological & Genetic Bases of Behavior	20
	<b>Handout:</b> Nervous System	10
	<i>In-Class:</i> Left & Right Brain	
<b>2/11</b>	<b>BVT Lab:</b> Chapter 3 – Human Development	20
	<b>Handout:</b> Piaget Activity	10
	<i>In-Class:</i> Moral Reasoning	
<b>2/18</b>	Washington Day – no class	
<b>2/25</b>	<b>BVT Lab:</b> Chapter 4 – Sensation & Perception	20
	<b>Handout:</b> Sensory Adaptation	10
	<i>In-Class:</i> Sensory Experiment	

3/4	<b>BVT Lab:</b> Chapter 5 – Consciousness	20
	<b>Handout:</b> Drug Use Depictions	10
	<i>In-Class:</i> Hypnosis and Meditation	
	* Exam (Chapter 1 – 4)	100
3/11	<b>BVT Lab:</b> Chapter 6 – Learning	20
	<b>Handout:</b> Learning Schedules	10
	<i>In-Class:</i> Classical Conditioning Cards Activity	
3/18	<b>BVT Lab:</b> Chapter 7 – Memory	20
	<b>Handout:</b> Meaning and Memory	10
	<i>In-Class:</i> Mnemonic Devices	
3/25	Spring Break – no class	
4/1	Cesar Chavez Day – no class	
4/8	<b>BVT Lab:</b> Chapter 8 – Language, Thinking, & Intelligence	20
	<b>Handout:</b> Multiple Intelligence	10
	<i>In-Class:</i> Intelligence Type Assessment	
4/15	<b>BVT Lab:</b> Chapter 9 – Motivation	20
	<b>Handout:</b> Motivation Survey	10
	<i>In-Class:</i> Motivation Assessment	
	* Exam (Chapters 5 – 8)	
4/22	<b>BVT Lab:</b> Chapter 10 – Personality	20
	<b>Handout:</b> Keirsey Temperament Sorter	10
	<i>In-Class:</i> Id, Ego, Super Ego, & Defense Mechanisms	
4/29	<b>BVT Lab:</b> Chapter 11 – Psychological Disorders	20
	<b>Handout:</b> Are Mental Disorders Rare	10
	<i>In-Class:</i> Quiz on disorders	
5/6	<b>BVT Lab:</b> Chapter 12 – Therapy	20
	<b>Handout:</b> REBT	10
	<i>In-Class:</i> Cognitive Psychology	
	* Exam (9 – 11)	
5/13	<b>BVT Lab:</b> Chapter 13 & 14 – Health & Social Psychology	20
	<b>Handout:</b> Stages of Change & Relational Maintenance Behaviors	10
	<i>In-Class:</i> Sternberg's Triangular Theory of Love	
5/20	* Final Exam 6:00pm in Holt 245	200

**The schedule, assignments, and points are tentative, and subject to change at the discretion of the instructor to meet the needs of students as appropriate.**